



COVID 19 SAFETY PLAN

SEPTEMBER 27TH, 2020

Overview

All activities in our curling club must operate within current provincial health restrictions in order to limit the transmission of Covid-19 in our community. In addition to specific return to curling requirements prompted by the pandemic, Covid-19 related risk assessment, and the general public health rules and directives for the curling public, club operations must also address the health and safety risk issues for staff and volunteers as outlined in the viaSport Guidelines. The following sections outline measures taken for curlers and staff alike.

Measures Related to Participants—PHASE THREE

- STAY HOME if you are sick, have flu-like symptoms or are required to self isolate
- Arrive no sooner than 15 minutes before the start of your game
- Masks are mandatory throughout the lobby. Masks may be removed once on the ice
- Designate one player to clean your team's rock handles at the end of every game
- Disinfecting stations will be set up at each entrance and at each end of the ice
- Games will be staggered by 10 minutes, first team on the ice will take the far sheet, second team will take the middle sheet, third team sheet of ice closest to entrance door.
- All Curlers must enter in main doors and exit out the side door into the parking lot
- Teams will be comprised of 4 players. One sweeper only on all delivered stones. The person in charge of the house is NOT allowed to sweep under ANY circumstance. The skip of the non-delivering team must remain in the hack area until all stones come to a rest. Please see attached information in regards to modified play
- Use the on ice decals to maintain your distance
- Instead of a handshake, give a friendly wave or tap brooms to start your game
- There will be no score boards. Skips will keep score on paper or phone and record W/L on sheet in the lobby
- Measuring: remove gloves, sanitize your hands, conduct the measure, return the device to its normal location and sanitize your hands
- Refrain from touching other curlers equipment ie rocks, broom, crutch etc

- MUST maintain social distancing at all times, even if they are a member of your household
- All curlers will need to have appropriate paperwork signed and handed in before allowed on ice
- All Spares will need to be a registered member of the Elkford Curling Centre
- Lounge will be closed this year
- Lockers will be allowed, masks mandatory in lobby
- There will be no open ice at this time
- No spectators will be permitted in the lobby area

CLUB OPERATIONS

- All members must read, understand and comply with Club protocols and guidelines
- All members must sign a Liability Waiver and Declaration of Compliance at registration. Under the age of majority: parents or guardian signs the Assumption of Risk and Declaration of Compliance
- A Contact Tracing form must be signed by everyone, upon entering the Club
- Masks are mandatory throughout the lobby and in transit to the ice
- The wearing of a mask during game play will be at the player's discretion
- Curlers must sanitize their hands immediately upon entering the premises and upon departure

Washrooms

- Only 1 person at a time in the washrooms
- Users are responsible for their own sanitation when using the washrooms

Medical

- If at any time you feel unwell, please refer to the Illness Policy
- It is every curler's responsibility to help ensure the safety of all
- In the event of a suspected case or outbreak of influenza-like-illness, the club will discuss the outbreak

with the appropriate health authorities

1. Inform the Club Manager immediately if, you feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

2. Assessment

- If Members are unsure please use the self-assessment tool <https://bc.thrive.health/covid19/en> or through the COVID-19 BC Support App self-assessment tool.
- If a Club Member is feeling sick with COVID-19 symptoms
 - a. They should remain at home and contact Health Link BC at 8-1-1.
 - b. If they feel sick and /or are showing symptoms while at work, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
 - c. No Member may participate in any curling activity if they are symptomatic.
- If a Member tests positive for COVID-19
 - a. The Member will not be permitted to return to the curling facility until they are free of the COVID-19 virus.
 - b. Any Members who curl closely with the infected Member must also be removed from the curling facility for at least 14 days to ensure the infection does not spread further.
 - c. Close off, clean and disinfect the facility area immediately and any surfaces that could have potentially be infected/touched.
- If a Club Member has been tested and is waiting for the results of a COVID-19 Test
 - a. As with the confirmed case, the Member must be removed from the curling facility.
 - b. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of B.C.
 - c. Other Club Members who may have been exposed will be informed and removed from curling for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
 - d. The Curling Club will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.
- Quarantine or Self-Isolate if:
 - a. Any Member who has travelled outside of Canada within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.

b. Any Member with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.

c. Any Member from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.

d. Any Member who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to enter any part of the facility.